

AUTUMN MENU

WEEK ONE

WEEKS COMMENCING:
31/8, 21/9, 12/10, 9/11, 30/11

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN ONE

Ham Pizza Bagels
with Penne Pasta Salad
and Salad Sticks

Cajun Chicken Breast
with Vegetable Rice,
Fine Green Beans
and Fresh Salad

Slow Cooked Devon Beef
and Vegetables
with Roast Potatoes,
Carrots and Cabbage

Homemade Devon Pork
Sausage Roll with
Penne Pasta Salad,
Fresh Salad and
Rainbow Slaw

Baked Fish Fingers
with Chips, Garden Peas
and Baked Beans

MAIN TWO

Cheese and Tomato
Pizza Bagels with
Penne Pasta Salad
and Salad Sticks

Chinese Style Vegetable
and Bean Noodles
with Vegetable Rice,
Fine Green Beans
and Fresh Salad

Spanish Vegetable and
Butterbean Stew
with Roast Potatoes,
Carrots and Cabbage

Homemade Vegetable
Roll with Penne Pasta
Salad, Fresh Salad and
Rainbow Slaw

Five Bean Enchillada
with Chips, Garden
Peas and Baked Beans

JACKET
POTATO

Jacket Potatoes
with a selection
of fillings

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with a selection
of fillings

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of fillings

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with a selection
of fillings

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with a selection
of fillings

DESSERT

Yoghurt and Fruit

Strawberry Jelly
and Fruit

Apple Crumble

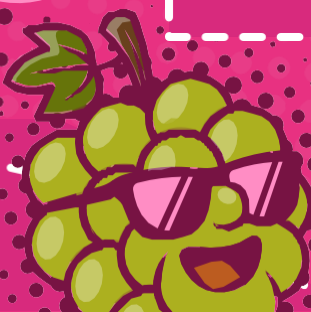
Fresh Fruit Salad

Chocolate Cookie

We are pleased to offer a variety of allergen free options on our food menu. All food is prepared in a kitchen that handles most allergens and therefore cross contamination will never occur, we do take every possible precaution to ensure this.



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AUTUMN MENU

WEEK TWO

WEEKS COMMENCING:
7/9, 28/9, 19/10, 16/11, 7/12

MONDAY

Macaroni Cheese with
Fresh Salad and
Fine Green Beans

Sweet Potato, Lentil
and Vegetable Bake
with Fresh Salad and
Fine Green Beans

Jacket Potatoes
with a selection
of fillings

Yoghurt and Fruit

TUESDAY

Devon Beef Chilli Con
Carne with Rice,
Tortilla Chips and
Sweetcorn and Mixed
Pepper Salad

Vegetable and
Butterbean Chilli
with Rice, Tortilla Chips
and Sweetcorn and
Mixed Pepper Salad

Jacket Potatoes
with a selection
of fillings

Custard Cookie

WEDNESDAY

Breaded Chicken Goujon
Burger with Fruity
Cous Cous, Rainbow Slaw
and Fresh Salad

Halloumi and Red
Pepper Burger with
Fruit Cous Cous,
Rainbow Slaw and
Fresh Salad

Jacket Potatoes
with a selection
of fillings

Fresh Fruit Salad

THURSDAY

West Country Brunch:
Devon Pork Sausage,
Bacon, Hash Brown,
Baked Beans and
Sweetcorn

Vegetarian Brunch:
Quorn Sausage, Hash
Brown, Grilled Tomato,
Baked Beans and
Sweetcorn

Jacket Potatoes
with a selection
of fillings

Apple Sponge

FRIDAY

Baked Breaded Fish or
Salmon Fingers with
Chips, Garden Peas
and Fresh Salad

Cheese and Bean
Pasty with Chips,
Garden Peas and
Fresh Salad

Jacket Potatoes
with a selection
of fillings

Ice Cream and
Fresh Fruit

MAIN
ONE

MAIN
TWO

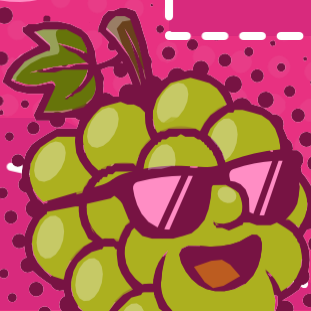
JACKET
POTATO

DESSERT

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AUTUMN MENU

WEEK THREE

WEEKS COMMENCING:
14/9, 05/10, 02/11, 23/11, 14/12

MONDAY

Mozzarella and Tomato
Pasta Bake with
Homemade Focaccia
Bread, Sweetcorn
and Fresh Salad

Vegetable and Mixed
Bean Lasagne with
Homemade Focaccia
Bread, Sweetcorn
and Fresh Salad

Jacket Potatoes
with a selection
of fillings

Yoghurt and Fruit

TUESDAY

JACKET POTATO DAY

Jacket Potato with
a choice of:
Devon Beef Bolognese,
Cheese, Beans or
Cheese and Beans
with Fresh Salad Bar
and Rainbow Slaw

Strawberry Jelly
and Fruit

WEDNESDAY

Devon Pork Hotdog
with Potato Wedges,
Salad Sticks and
Sweetcorn

Vegetable Mini Sub
with Potato Wedges,
Salad Sticks and
Sweetcorn

Jacket Potatoes
with a selection
of fillings

Jam Sponge

THURSDAY

Chicken Katsu Curry
with Rice, Naan Bread
and Indian Salad

Cauliflower, Chickpea
and Butternut Curry
with Rice, Naan Bread
and Indian Salad

Jacket Potatoes
with a selection
of fillings

Fresh Fruit Salad

FRIDAY

Baked Fish Cake
with Chips and
Garden Peas

Spinach and Potato
Spanish Omelette
with Chips and
Garden Peas

Jacket Potatoes
with a selection
of fillings

Shortbread Cookie

MAIN
ONE

MAIN
TWO

JACKET
POTATO

DESSERT

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